



South Wales

Regional Athletic Council

Meeting of the Executive of South Wales Regional Council
Wednesday 9th December 2020
6:30pm, Microsoft Teams

- 1) Present:** Iwan Dowie [ID] (Cornelly Striders), Hannah Pretty [HP] (Network Officer), Pete Morris [PM] (Life Member), Steve Paskell [SP] (Pontyclun Road Runners), Jamie Clode [JC] (Secretary), Spiro Pezaros [SpP] (Heath Massive Run Club), Dai Williams [DW] (Chairman), Graham Webb [GW] (Cardiff Athletics), Jeff Mapps [JM] (Officials Secretary), Kevin Fowler [KF] (Pegasus Running Club),

Apologies: Bernie Plain, Lucy Archer, Fred Malkin, Jen Stone

2) Chairman Update

Recently attended Equality Webinar, interesting and lots of information. A lot more info will be out to support the clubs around having the right conversations around LGBTQ+. We all feel we are welcoming, but may be some unconscious bias, so more information will come to assist clubs.

Welcome to Jeff Mapps who has taken up the role of Officials Secretary for the region.

T&F meetings have been ongoing with conversation around current restrictions.

UKCAU - has been cancelled. This is held Mid-March normally but was brought forward to Feb. British indoors have been advertised, but likely most events will be more on an ad hoc basis.

3) Regional Calendar

Due to COVID-19 the 2020 calendar was not able to take place. It was agreed that this should be rolled to 2021 and all events where taken place will be used as regional champs. Agreed that regional champs should be held jointly if permissible with restrictions in place at time if numbers allow. May need to do less events or even split day. May have to utilize the event specific evenings.

ACTION – Dates to be revised to 2021 where possible and shared - JC

4) Virtual Road Relays

Welsh Athletics has approached the region to consider using a pre-prepared format for a region only road relay.



OpenTrack will be used and the format will be the same across all regions. It was agreed to take this forward.

5) Governance Calendar

Welsh Athletics have shared the governance calendar for 2021, agreed that meetings would follow this proposed timeline.

ACTION – Calendar to be distributed with minutes by JC

6) Officer update

HP - Been trying to get a few more local events, difficult to get go ahead from local authorities. Looking for clubs to more local events and still awaiting more info from Welsh Gov on post lockdown measures.

Advisory groups - Junior, make sure environment is suitable. Could consider JAV asking a regional rep to attend their meetings as relevant. Last indoor, JAV had a suggestions box to find out what is needed? Reps in the north are joining the regional council next meeting. Look to see lessons on how we can engage.

Hannah thanked everyone for keeping everyone active, engaged and all the work done to move sport along.

DW – Have not received any further updates on Inter Regional Forum to date. Gave update around GC minutes.

A lot of conversation is reactive. Also JAV was discussed and be good to get involved in the region.

Recommendation is that all meetings until 31st March to be virtual.

It was agreed to keep South Region meetings for Feb & Apr to virtual.

7) Club Update

OPR (CP) – the club took part in 3 club memorial relay which was really good. Also, the Built relay earlier in the year was good. These relay events have been great for motivating everyone. Not applied for BeActive as club is cash rich and do not want too many projects. Athlete welfare is most important. Still getting 80-100 a week. Engagement is good. OPR AGM is Monday night, need minimum of 55 and expect a fun evening.

Cardiff Athletics (GW) Club is back functioning, a lot more numbers and have canteen as takeaway. Other clubs much worse off financially than Cardiff.

Cornelly Strider (ID) are in same position as OPR. Saving a mint from not spending on facilities. Lots of new members.

Pontyclun (SP) - Bubble sessions on going. Not taken on a new member. So, numbers are a bit lower. Not applied for any grants, feel that smaller clubs may apply.

HRMC (SpP) - Trained 6 new run leaders, hoping in the new year to have new members. Spiro has passed his CiRF.

8) AOB

Next Meeting Tuesday 9th of Feb 6pm, Wed 7th April. Set June date when we know if virtual.

